

Name: _____ DOB: _____ Date: _____

What brings you in today? _____

How long have you had this issue? _____

Do you have any of the following?

- Swelling
- Locking
- Catching
- Grinding
- Popping
- Bruising
- Other _____

Did you have a recent fall or injury? Yes or No

If yes please briefly explain: _____

Did you experience any of the following with the injury?

- Snap
- Pop
- Pain
- Swelling
- Other _____

Does any of the following aggravate it?

- Bending
- Walking
- Daily activities
- Exercise _____
- Other _____

Please turn over for page 2. Thank you

Is there anything that helps relieve the pain?

- Ice
- Medication - Name of Medication: _____
- Resting
- Heat
- Other _____

When is the pain the most severe?

- Morning
- Nighttime
- During activity
- Always the same
- Other _____

Does your pain radiate anywhere else? _____

Do you ever use any of the following though out your day?

- Cane
- Walker
- Wheelchair
- Other _____

If you do use one of the above, when and how often? _____

Have you had any prior treatments, medications, or X-rays of this body part? Yes or No

If yes, please briefly explain: _____
